TAI CHI

*BENEFIT FOR PUERTO RICO

100% of proceeds will go to recovery from Hurricanes Irma and Maria

November 19th 2017 9:00 a.m. – 2:00 p.m.

With Ken Van Sickle and Joseph Zeisky

Suzanne Patterson Bldg.
Senior Resource Center
45 Stockton Street, Princeton

Suggested Donation \$100

Checks payable to: United for Puerto Rico

Mail donations to:

Puerto Rico Relief c/o Susanna DeRosa 215 Hopewell Amwell Rd. Hopewell, NJ 08525



Internationally reknown Tai Chi Master **Ken Van Sickle** is advancing the teachings of the late Grandmaster Cheng Man Ching. Ken will present Tai Chi form and sword, both solo and partner sensitivity exercises, with technical precision and philosophical insights.



Joseph Zeisky is a four time Champion of Tai Chi form and push hands and a Master Instructor of the Internal Arts. Joseph will share "Zeiqua" which is his own essential integration of the three classic arts of Tai Chi, Qigong and Baqua.

Check our blog for updates and add'l details — innerspacetaiji.wordpress.com More about "United For Puerto Rico" — www.unidosporpuertorico.com/en